

Campionato Regionale Assoluto in vasca lunga



Risultati

POS	COGNOME E NOME SOCIETA'	ANNO	NAZ	50m	100m	150m	200m	250m	300m	350m	ARRIVO Record
400 m Stile Libero - MASCHI											
1	TORRENGO Simone Rari Nantes Torino	2000	ITA	27.86	58.72 30.86	1'30.46 31.74	2'02.52 32.06	2'33.73 31.21	3'04.27 30.54	3'35.43 31.16	4'05.75 30.32
2	GIRAUDI Leonardo Rari Nantes Torino	2002	ITA	28.16	59.08 30.92	1'30.63 31.55	2'02.52 31.89	2'34.04 31.52	3'05.92 31.88	3'37.53 31.61	4'08.27 30.74
3	GENZINI Luca Rari Nantes Torino	2001	ITA	28.68	59.96 31.28	1'31.73 31.77	2'04.25 32.52	2'36.44 32.19	3'09.04 32.60	3'40.87 31.83	4'11.93 31.06
4	ONGARO Riccardo Dynamic Sport	2003	ITA	28.66	1'00.69 32.03	1'32.62 31.93	2'05.13 32.51	2'37.15 32.02	3'09.44 32.29	3'41.30 31.86	4'11.98 30.68
5	CIMAVILLA Lorenzo Dynamic Sport	2001	ITA	28.65	1'00.35 31.70	1'33.41 33.06	2'06.37 32.96	2'39.07 32.70	3'11.99 32.92	3'44.51 32.52	4'15.07 30.56
6	PANIZZA Lorenzo Dynamic Sport	2003	ITA	29.21	1'00.60 31.39	1'32.98 32.38	2'05.93 32.95	2'38.87 32.94	3'11.76 32.89	3'44.19 32.43	4'15.76 31.57
7	LAFRONZA Marco UISP Pinerolo Nuoto	1999	ITA	28.89	1'00.40 31.51	1'32.78 32.38	2'05.96 33.18	2'38.93 32.97	3'12.77 33.84	3'46.41 33.64	4'19.03 32.62
8	PANIZZA Luca Dynamic Sport	2003	ITA	30.72	1'03.34 32.62	1'36.35 33.01	2'10.01 33.66	2'42.91 32.90	3'16.01 33.10	3'49.02 33.01	4'20.23 31.21
9	SANNA Marco Dynamic Sport	2001	ITA	29.98	1'02.99 33.01	1'35.95 32.96	2'09.25 33.30	2'41.98 32.73	3'15.47 33.49	3'48.36 32.89	4'20.94 32.58
10	DE SIMONE Andrea Blu Sport ssd - Orbassano	2003	ITA	30.09	1'02.85 32.76	1'36.24 33.39	2'10.16 33.92	2'43.56 33.40	3'17.15 33.59	3'49.93 32.78	4'22.27 32.34
11	ZANOLA Francesco Carlo Swimming Club Alessandria	2004	ITA	30.71	1'03.62 32.91	1'37.11 33.49	2'10.76 33.65	2'44.43 33.67	3'18.49 34.06	3'51.47 32.98	4'23.47 32.00
12	DI PAOLO Luca Rari Nantes Torino	2004	ITA	29.03	1'02.46 33.43	1'36.58 34.12	2'11.21 34.63	2'45.38 34.17	3'19.68 34.30	3'52.93 33.25	4'24.63 31.70
13	DE MITRI Nicolo' Giusepp Dynamic Sport	2003	ITA	29.86	1'02.68 32.82	1'35.91 33.23	2'09.72 33.81	2'43.18 33.46	3'17.55 34.37	3'51.47 33.92	4'24.70 33.23
14	CARRUOZZO Andrea Michele Centro Nuoto Torino	2002	ITA	30.16	1'03.79 33.63	1'37.68 33.89	2'12.25 34.57	2'45.44 33.19	3'19.37 33.93	3'52.76 33.39	4'25.31 32.55
15	GHIDONI Samuele Centro Nuoto Torino	2004	ITA	29.63	1'02.94 33.31	1'36.89 33.95	2'11.42 34.53	2'45.88 34.46	3'20.12 34.24	3'53.58 33.46	4'26.39 32.81
16	BORDIGLIA Lorenzo Sandro Rari Nantes Torino	2004	ITA	30.59	1'04.03 33.44	1'37.63 33.60	2'11.81 34.18	2'45.91 34.10	3'20.51 34.60	3'54.40 33.89	4'27.88 33.48
17	FRANCAVILLA Massimo Centro Nuoto Torino	2004	ITA	30.72	1'04.29 33.57	1'38.95 34.66	2'14.56 35.61	2'49.78 35.22	3'25.15 35.37	3'58.72 33.57	4'32.32 33.60
18	RONDOLETTI Filippo Sisport Spa ssd	2003	ITA	30.17	1'04.08 33.91	1'38.45 34.37	2'13.33 34.88	2'48.59 35.26	3'24.27 35.68	3'59.09 34.82	4'32.42 33.33
19	RAVEDONI Franco Luigi Dynamic Sport	2003	ITA	29.82	1'03.82 34.00	1'38.10 34.28	2'13.42 35.32	2'48.26 34.84	3'23.35 35.09	3'58.29 34.94	4'32.61 34.32
20	CANCEDDA Alessio Sisport Spa ssd	2004	ITA	31.33	1'05.25 33.92	1'40.37 35.12	2'15.34 34.97	2'50.50 35.16	3'26.55 36.05	4'01.80 35.25	4'35.05 33.25
21	ARALDO Lorenzo Rari Nantes Torino	2004	ITA	30.33	1'04.52 34.19	1'39.73 35.21	2'15.89 36.16	2'52.10 36.21	3'28.67 36.57	4'05.09 36.42	4'39.52 34.43
22	BRONZINO Matteo Dynamic Sport	2003	ITA	30.43	1'04.39 33.96	1'39.34 34.95	2'15.26 35.92	2'51.21 35.95	3'27.99 36.78	4'04.28 36.29	4'39.92 35.64
23	SPEDIACCI Simone Dynamic Sport	2004	ITA	31.82	1'07.61 35.79	1'44.17 36.56	2'20.49 36.32	2'57.01 36.52	3'33.18 36.17	4'09.71 36.53	4'43.84 34.13

NON CLASSIFICATI

BONINO Alessio 2000 ITA Dynamic Sport

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