

# Campionato Regionale Assoluto in vasca lunga



## Risultati

POS	COGNOME E NOME SOCIETA'	ANNO NAZ	50m	100m	150m	200m	250m	300m	350m	400m	ARRIVO Record
				450m	500m	550m	600m	650m	700m	750m	
<b>800 m Stile Libero - MASCHI</b>											
1	<b>GALLESIO Tommaso Sebastì</b> CSR Granda ssd	2002 ITA	29.38	1'00.99	1'32.64	2'04.15	2'35.96	3'07.58	3'38.90	4'10.29	
				31.61	31.65	31.51	31.81	31.62	31.32	31.39	
				4'41.78	5'13.87	5'45.99	6'18.03	6'49.68	7'21.93	7'53.45	<b>8'23.94</b>
				31.49	32.09	32.12	32.04	31.65	32.25	31.52	30.49
2	<b>BRUNO Luca</b> Aquatica Torino ssd	2002 ITA	28.97	1'00.30	1'31.36	2'03.39	2'35.19	3'07.29	3'39.22	4'11.72	
				31.33	31.06	32.03	31.80	32.10	31.93	32.50	
				4'43.94	5'16.02	5'47.91	6'20.47	6'52.50	7'24.87	7'56.22	<b>8'27.37</b>
				32.22	32.08	31.89	32.56	32.03	32.37	31.35	31.15
3	<b>LORA Erik</b> CSR Granda ssd	1998 ITA	28.59	59.73	1'31.20	2'02.86	2'34.77	3'06.77	3'38.90	4'11.04	
				31.14	31.47	31.66	31.91	32.00	32.13	32.14	
				4'42.90	5'15.44	5'47.72	6'20.57	6'53.09	7'26.11	7'58.47	<b>8'29.92</b>
				31.86	32.54	32.28	32.85	32.52	33.02	32.36	31.45
4	<b>FERNANDEZ DE LOSADA Sant</b> Centro Nuoto Torino	2002 ITA	29.67	1'01.67	1'34.24	2'07.31	2'40.36	3'14.06	3'47.42	4'20.92	
				32.00	32.57	33.07	33.05	33.70	33.36	33.50	
				4'53.90	5'27.28	6'00.29	6'33.65	7'06.78	7'40.08	8'13.20	<b>8'45.48</b>
				32.98	33.38	33.01	33.36	33.13	33.30	33.12	32.28
5	<b>LAFRONZA Marco</b> UISP Pinerolo Nuoto	1999 ITA	29.49	1'01.17	1'33.60	2'06.58	2'40.15	3'13.68	3'47.81	4'21.59	
				31.68	32.43	32.98	33.57	33.53	34.13	33.78	
				4'55.74	5'29.94	6'03.80	6'37.56	7'11.37	7'45.18	8'17.98	<b>8'50.09</b>
				34.15	34.20	33.86	33.76	33.81	33.81	32.80	32.11
6	<b>GIRAUDI Leonardo</b> Rari Nantes Torino	2002 ITA	29.63	1'02.11	1'34.52	2'07.86	2'40.78	3'14.44	3'47.77	4'21.35	
				32.48	32.41	33.34	32.92	33.66	33.33	33.58	
				4'54.23	5'27.92	6'01.35	6'35.52	7'09.74	7'44.59	8'18.97	<b>8'52.34</b>
				32.88	33.69	33.43	34.17	34.22	34.85	34.38	33.37
7	<b>MACRI' Federico</b> Sisport Spa ssd	2003 ITA	30.15	1'03.30	1'36.88	2'10.46	2'44.27	3'18.03	3'51.86	4'25.52	
				33.15	33.58	33.58	33.81	33.76	33.83	33.66	
				4'59.70	5'33.76	6'07.75	6'41.45	7'15.35	7'49.24	8'22.85	<b>8'55.81</b>
				34.18	34.06	33.99	33.70	33.90	33.89	33.61	32.96
8	<b>GAMBATESA Alessandro</b> Rari Nantes Torino	2004 ITA	32.08	1'07.19	1'42.85	2'18.38	2'53.54	3'29.35	4'04.26	4'39.91	
				35.11	35.66	35.53	35.16	35.81	34.91	35.65	
				5'15.81	5'52.11	6'27.77	7'03.96	7'39.91	8'16.33	8'50.89	<b>9'25.83</b>
				35.90	36.30	35.66	36.19	35.95	36.42	34.56	34.94

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