



# Campionato Regionale Esordienti A Vasca Lunga



## Risultati

POS	COGNOME E NOME SOCIETA'	ANNO	NAZ	50m	100m	150m	200m	250m	300m	350m	ARRIVO	Record
<b>400 m Misti - MASCHI</b>												
1	<b>DI PAOLO Luca</b> Rari Nantes Torino	2004	ITA	31.98	1'10.43 38.45	1'52.69 42.26	2'33.81 41.12	3'17.22 43.41	4'02.19 44.97	4'40.65 38.46	<b>5'18.22</b>	37.57
2	<b>MERLO Filippo</b> Dynamic Sport	2004	ITA	33.66	1'13.57 39.91	1'55.16 41.59	2'36.73 41.57	3'24.39 47.66	4'12.70 48.31	4'49.53 36.83	<b>5'23.90</b>	34.37
3	<b>GHIDONI Samuele</b> Centro Nuoto Torino	2004	ITA	32.53	1'10.78 38.25	1'51.55 40.77	2'32.09 40.54	3'18.96 46.87	4'07.85 48.89	4'47.37 39.52	<b>5'26.36</b>	38.99
4	<b>GUSSONE Simone</b> Centro Nuoto Torino	2004	ITA	33.05	1'11.89 38.84	1'52.27 40.38	2'32.44 40.17	3'22.05 49.61	4'12.18 50.13	4'50.70 38.52	<b>5'28.69</b>	37.99
5	<b>GAMBATESA Alessandro</b> Rari Nantes Torino	2004	ITA	32.97	1'10.47 37.50	1'51.51 41.04	2'33.23 41.72	3'22.95 49.72	4'13.48 50.53	4'51.91 38.43	<b>5'30.26</b>	38.35
6	<b>RECCHIA Fabio</b> Sisport Spa ssd	2004	ITA	35.20	1'16.47 41.27	1'59.91 43.44	2'42.57 42.66	3'29.84 47.27	4'17.91 48.07	4'55.29 37.38	<b>5'30.58</b>	35.29
7	<b>ARIANO Mattia</b> Centro Nuoto Torino	2004	ITA	34.11	1'14.96 40.85	2'00.26 45.30	2'45.12 44.86	3'32.87 47.75	4'22.07 49.20	5'03.46 41.39	<b>5'43.15</b>	39.69
8	<b>NOTO Francesco</b> Sisport Spa ssd	2004	ITA	36.45	1'18.76 42.31	2'03.63 44.87	2'48.26 44.63	3'37.24 48.98	4'26.69 49.45	5'06.26 39.57	<b>5'44.64</b>	38.38
9	<b>SOCCO Filippo</b> Sisport Spa ssd	2004	ITA	34.89	1'16.73 41.84	2'03.74 47.01	2'48.61 44.87	3'37.90 49.29	4'28.99 51.09	5'10.25 41.26	<b>5'48.74</b>	38.49
10	<b>CERUTTI Andrea</b> Sisport Spa ssd	2004	ITA	37.26	1'20.27 43.01	2'05.97 45.70	2'49.91 43.94	3'41.91 52.00	4'33.95 52.04	5'11.97 38.02	<b>5'49.51</b>	37.54
11	<b>FUSCO Andrea</b> Swimming Club Alessandria	2004	ITA	37.21	1'18.05 40.84	2'03.21 45.16	2'48.09 44.88	3'39.69 51.60	4'32.07 52.38	5'10.76 38.69	<b>5'49.73</b>	38.97
12	<b>MAGGIORA Alessandro</b> Sisport Spa ssd	2004	ITA	36.13	1'21.09 44.96	2'05.60 44.51	2'49.97 44.37	3'39.27 49.30	4'28.89 49.62	5'10.65 41.76	<b>5'49.78</b>	39.13
13	<b>ZAGAROLO Davide</b> Centro Nuoto Torino	2004	ITA	34.52	1'17.89 43.37	2'03.09 45.20	2'49.95 46.86	3'37.99 48.04	4'28.01 50.02	5'11.82 43.81	<b>5'50.96</b>	39.14
14	<b>DELLI CARRI Davide</b> Sisport Spa ssd	2005	ITA	35.71	1'20.11 44.40	2'07.49 47.38	2'53.46 45.97	3'43.48 50.02	4'34.56 51.08	5'15.10 40.54	<b>5'55.14</b>	40.04
15	<b>HYZOTY Hygert</b> Derthona Nuoto	2004	ITA	36.75	1'19.88 43.13	2'05.33 45.45	2'53.13 47.80	3'41.69 48.56	4'32.03 50.34	5'14.59 42.56	<b>5'56.65</b>	42.06

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